

The LightHouse for New Hope  
P.O. Box 851030  
Mesquite, TX. 75185

CUT ALONG DOTTED LINE

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NEWSLETTER

THE LIGHTHOUSE FOR NEW HOPE



P.O. Box 851030  
Mesquite, TX. 75185

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Website  
www.  
lighthousefornewhope.org

# The Beacon

The Light in Children & Family's Storms

A Nonprofit 501(c)3 Organization

ISSUE 9

A thank you letter from one of our  
special friends, Ariana Hopkins.

Dear youll,  
Thank you for all you have done  
for me. I finnaly fill a little better.  
I wish I could see youll longer  
cause I will realy miss you. you  
realy dont know how MUCH you  
have helped me and be nize to  
me. I also want youll to know  
that I will never forget youll  
never. so I will realy miss you and  
I bet you will miss me maybe.



Love,  
Ariana

I'll miss  
you

You helped  
me alot



You make  
me smile

Never  
forget

LIGHTHOUSE FOR NEW HOPE PROVIDES ALL THEIR SERVICES  
AT NO COST TO THE PARTICIPANTS  
ENROLLMENT FORMS ARE FOUND ON OUR WEBSITE

"I can think of no other edifice constructed by man as altruistic as a lighthouse.  
They were built only to serve."  
George Bernard Shaw

*Note from Nancy*  
President

*"You, O Lord, keep my lamp burning; my God turns my darkness into light."*  
Psalms 18:28

It is amazing that just a little bit of light shining in the darkest places can dispel darkness. When you are walking in darkness you can't see where you are going. You get confused and you wonder if you will ever find your way out of the darkness. Grief can be kind of like that darkness. The LightHouse for New Hope can provide that "Light" to children and adult experiencing grief. Each semester we see the light being turned on in people's lives.

*"You mean their death isn't my fault?."* The "Light" removes their guilt.

*"I feel so much better about myself and my loss."* The "Light" pierces the darkness and increases a child's self esteem.

*"There really are other kids that their dad has died, I'm not the only one."* The "Light" takes away the isolation of loss.

Lighthouses were built and sustained by the community for two reasons; first to warn ships that they were in dangerous waters and second to help guide ships into safe harbors. They were the "Light" that sailors looked to for guidance. The LightHouse for New Hope is that Light in children's and families storms in our community.

Help us to continue lighting the way for those grieving in our community.

Call 972-226-3110

to Enroll in a Support Group

## Lighthouse Bowl-A-Thon Committee Needs Volunteers

Come help us plan our next  
Annual Bowl-A-Thon

If you believe in what we are doing in our community we need you to help us have another successful Bowl-A-Thon.

Please call to volunteer

Courtney Kraft  
972-226-3110

## LightHouse Facilitators Earn Grief Facilitation Certifications



Back Row: Chris Simpon, Phd., Mara Morrison, Suzy Dowdy, Nancy Bollman, Stephen Freeman, Phd.  
Front Row: Kate Allen, Dean, Aslindia, Lynda Beutnagle

Texas A & M Commerce counseling department offers a Grief facilitation certification program and three facilitators from the LightHouse for New Hope received their certification this fall. Lynda Beutnagle, Mara Morrison & Nancy Bollman.

## Bowl-A-Thon Committee & Volunteers



Back row: Jamie Kraft, Barbara Cisneros, Barry Vandiver, Leslie, David Wier, Lisa Wier, Jim Boxell, Judy Montgomery, Brenda Bassett, Cyndie Ewert, Nancy Bollman  
Front Row: Roxanne Vandiver, Kinley Vandiver Beverly Vandiver, Polly Marek, Courtney Kraft, Mike Ewert.

## Volunteer Facilitators



### GRIEF SUPPORT GROUP INFORMATION

Grief support groups meet weekly  
Call 972-226-3110 for enrollment.  
We currently have support groups for ages 5 to 99

Adult Death Loss Group  
Adults with Children Death Loss  
Adults with Children Divorce Loss  
Beach House – 12 to 18 yr. old (Death & Divorce Loss)  
Star Gazer- 12-13 yr old (Death & Divorce Loss)  
Sailboat Group – 9 to 11 yr. old (Death & Divorce Loss)  
Sandcastle Group – 5 to 8 yr. old (Death & Divorce Loss)

*To be grateful is to recognize the love of God in everything He has given us – And He has given us everything. Every breath we draw is a gift of His love.*

*Thomas Merton*

# LightHouse Bowl-A-Thon

On October 25th we had our 2<sup>nd</sup> Annual Bowl-A-Thon at Showplace Lanes in Garland. With your support we raised over \$16,000 to help support our program and add to our building fund. A great big thank you goes to all our sponsors, silent auction contributors, volunteers, and event coordinator, **Courtney Kraft** for making this a huge success. We hope to see you there next year!



## LightHouse Bowl-A-Thon



Top Bowler  
Terry Taylor



Top Fundraiser  
Linda Yarbrough



Top Fundraising Team  
Pam Jones, John Jones, Lynda Yarbrough, Brenda Yarbrough, Troy Jones



Top Bowling Team  
Brad Montgomery, Sherry Houghton, Rusty Dickinson, Tina Taylor, Terry Taylor



Winner of Wii  
Stacy Wright & Brooklyn



Winner of raffle-Laptop  
Mike Williams

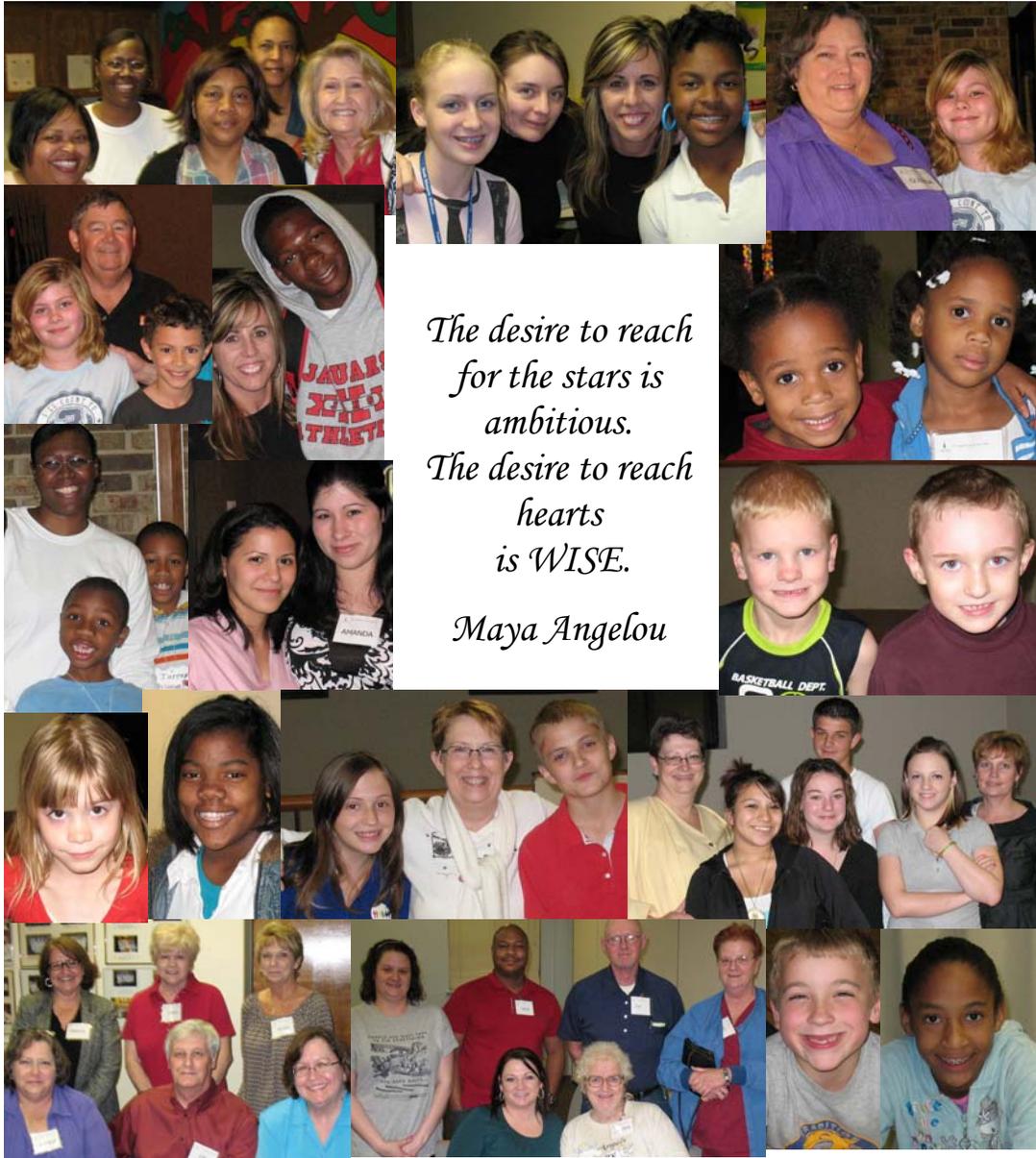
Winner of raffle  
American Airlines  
Suite-Stars  
game  
Beletta Grant

Picture not available

Visit our website

[www.lighthousefornewhope.org](http://www.lighthousefornewhope.org)

# Support Groups Snapshots



**CALL 972-226-3110 IF YOU WOULD LIKE SOMEONE TO SPEAK TO YOUR GROUP ABOUT CHILDREN AND ADULT GRIEF**

# Mesquite Youth Services Letter



July 8, 2008

Dear Nancy,

I want to thank you again for providing support services to many of the families in the Family Assistance Support Team (FAST) program. At least 50 percent of FAST families are experiencing some type of loss in the form of death, divorce, parent mental illness, parent incapacitation, or parent incarceration. As you know, we have limited resources to help these families and to have Lighthouse for New Hope in Mesquite is a huge blessing. Most of the families I encounter are financially strapped or low income and many are desperate for help. The youth may be struggling with behavior problems, mental health issues, anger issues, failing grades and other issues relating to the family system. Hope is all they need sometimes to keep going.

When assessing the needs of the family, I find that the losses experienced in the family are probably at the root of many of the troubling behaviors that are occurring. The Lighthouse provides a safe haven for the youth and parents to finally (I say finally because the grief seems to be unresolved for years without relief) find a bond with others that have experienced similar grief and loss.

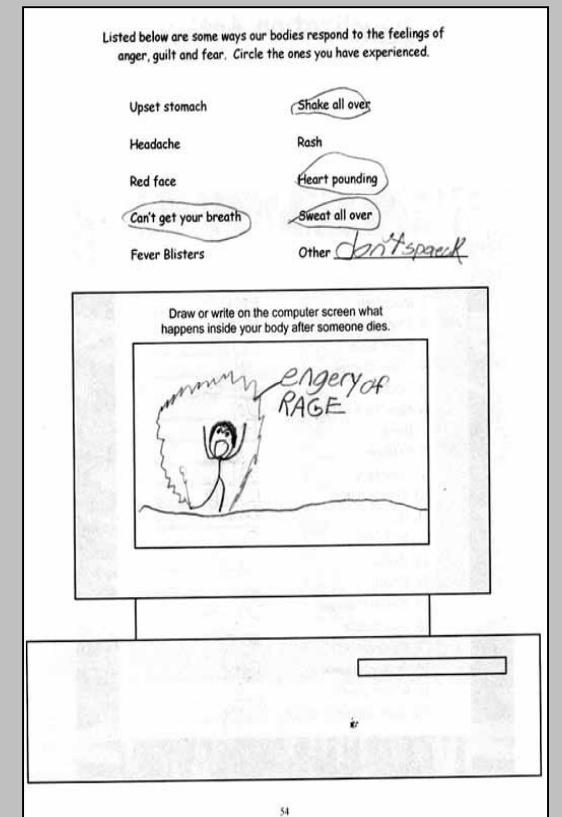
I am assured when I refer families to Lighthouse for New Hope that they will be received with open loving arms by dedicated staff and volunteers. Helping families to adjust to death, divorce and sometimes tragic loss can be the miracle that they need to make it through the day. I often hear the gratefulness in the voice of a parent who went to Lighthouse and participated in the groups along with their children.

Thank you and God bless you for your commitment to serving youth and families.

Sincerely,

Karen Wood  
Youth and Family Specialist

An eleven year old boy, expresses his feelings after multiple death losses



Visit our website

[www.lighthousefornewhope.org](http://www.lighthousefornewhope.org)



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Thanks for Scoring a Strike for the LightHouse for New Hope

