

The LightHouse for New Hope
P.O. Box 851030
Mesquite, TX. 75185

CUT ALONG DOTTED LINE

MEMORIAL CONTRIBUTION

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NEWSLETTER

THE LIGHTHOUSE FOR NEW HOPE

P.O. Box 851030
Mesquite, TX. 75185

BOARD OF DIRECTORS

- Nancy Bollman
- Jim Boxell
- Cyndie Ewert
- Polly Marek
- Beverly Vandiver
- Jay Vandiver
- Lisa Wier

972-226-3110

Website
www.
lighthousefornewhope.org

The Beacon

The Light in Children & Family's Storms

A Nonprofit 501(c)3 Organization

ISSUE 10

Check out all the new changes on our website. You can see pictures from the Reunion Dinner, Bowl-A-Thon, and support groups. Also we are excited that you can now make a donation on line.

Check us out!

www.lighthousefornewhope.org

Groups Evaluated

Thank you to **Lisa Tuggy**, a statistician, who volunteered to take our group evaluations that participants complete at the end of each session and compiled these results.

Adults

100% indicated that they would recommend LightHouse support groups to others. Adults also indicated that they had “Great Improvement: in the areas of:

- Suicidal feelings
- Guilt
- Anger
- Confusion
- Despair

Children

The adult caregivers of the children in our groups indicated that their children had “Great Improvement” in the areas of:

- School Attendance
- Activity Level
- School Grades
- Self Esteem
- Eating Habits

LIGHTHOUSE FOR NEW HOPE PROVIDES ALL THEIR SERVICES
AT NO COST TO THE PARTICIPANTS
ENROLLMENT FORMS ARE FOUND ON OUR WEBSITE

“I can think of no other edifice constructed by man as altruistic as a lighthouse.
They were built only to serve.”
George Bernard Shaw

Note from Nancy
President

"The Sovereign Lord will wipe away the tears from all faces; he will remove the disgrace of his people from all the earth."
Isaiah 25:8

I so enjoy this time of the year...spring. It always reminds me that no matter how bad the past winter was, spring will come. Birds will be making their nests, the flowers will be blooming, and the caterpillars will be breaking free from their cocoons and becoming beautiful butterflies. Every winter we know that spring will come but sometimes we wonder when it will finally arrive. Grief can be like a very long winter. Many ask "when will it end?"

Sometimes all we need in the mist of our grief is "hope" that one day this pain will end. This scripture reminds us that one day all our tears and our grief will be wiped away.

When I was a child I sometimes would fall and hurt myself and I could not get to my mother fast enough to receive one of her magical kisses that would take that pain away. I sometimes think the LightHouse for New Hope can be like a mother's kiss. We cannot take away the pain of grief but we can be there to listen, to remember, to care and somehow diminish the pain just a little. The next time you see the tear of a loved one, whether they are 3 years old or 90 years young, carefully wipe that tear from their face and remember how good it feels to receive a mother's kiss when you are hurt.

Call 972-226-3110

to Enroll in a Support Group

Volunteer Facilitators

The LightHouse for New Hope is so grateful for the dedicated men and women that volunteer their time to facilitate our support groups. They are so special in how they care and listen and make our groups so successful. Thanks to our facilitators in the year 2010.

Linda Beutnagel, Candace Beutnagel, Nancy Bollman, Barbara Cisneros, Mike Ewert, Melanie Fitch, Polly Marek, Clay McClintock, Sarah Morris, Mara Morrison, Susie Olmon, Pam Reed, Patty Stewart, Lisa Wier, Mike Whalin, Teri Whalin, Maggie Williams.

If you are interested in volunteering as a group facilitator please contact our office for more information. Next training dates are June 4th and 5th. For more information go to www.lighthousefornewhope.org

**YOU CAN MAKE DONATIONS
ONLINE NOW!!!**

Check out our website:

www.lighthousefornewhope.org

GRIEF SUPPORT GROUP INFORMATION

Grief support groups meet weekly
Call 972-226-3110 for enrollment.
We currently have support groups for ages 5 to 99

Adult Death Loss Group
Adults with Children Death Loss
Adults with Children Divorce Loss
Beach House – 12 to 18 yr. old (Death & Divorce Loss)
Star Gazer- 12-13 yr old (Death & Divorce Loss)
Sailboat Group – 9 to 11 yr. old (Death & Divorce Loss)
Sandcastle Group – 5 to 8 yr. old (Death & Divorce Loss)

Bowl-A-Thon Committee & Volunteers



Alan Bollman, Barbara Cisneros, Patty Stewart, Tom Stewart, Cyndie Ewert, Mike Ewert, Polly Marek, Jim Boxell, Courtney Kraft, Ethan Kraft, Nancy Bollman, Beverly Vandiver. (Not shown Brenda Bassett, Jamie Kraft)

**Sponsors for 2010 Bowl-A-Thon
Thanks for Scoring a Strike for Hope**



TOWERS WATSON



CIGNA

LightHouse Bowl-A-Thon

On October 23th we had our 4nd Annual Bowl-A-Thon at AMF Euless Lanes in Euless. With your support we raised over \$12,000 to help support our program and add to our building fund. A great big thank you goes to all our sponsors, silent auction contributors, volunteers, and event coordinator, **Courtney Kraft** for making this a huge success. We hope to see you there next year!



Top Bowler
Terry Taylor



Top Fundraiser
Eric Dalhberg



Top Fundraising Team
Pam Jones, John Jones, Lynda Yarbrough,
Brenda Yarbrough, Troy Jones



Top Bowling Team
Major Whinston, Mark
Delanney, Cheryl Newman,
Lance Wright



Winner of Wii
Chandra Wisniewski



Winner of raffle iPad
Kathy Coleman



Winner of raffle TV
Diane Childress

LightHouse Bowl-A-Thon



Visit our website

www.lighthousefornewhope.org

Thank you to Our 2010 Donors

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2010 Memorials

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Clay & Debbie McClintock
Mara Morrison
Jeffery & Vickie Rhodes
Tom & Patty Stewart

IN MEMORY OF

Ruby McElroy
Deryl Mann
Charlene Mann
Hadley Grace Dahlberg
Ruby McElroy
Justin McClintock
Al McClintock
Bill McClintock
LTC Thomas Lewis
Raymond Moore
Jeff Thomas

*"I thank my God every
time I remember you. It
is right for me to feel this
way about you since I
have you in my heart."
Philippians 1:3 & 7*

Support Groups Snapshots



Visit our website

www.lighthousefornewhope.org

**CALL 972-226-3110 IF YOU WOULD LIKE SOMEONE TO SPEAK
TO YOUR GROUP ABOUT CHILDREN AND ADULT GRIEF**