



# LightHouse

For New Hope

**GRIEF & LOSS CENTER**



## CHILD – PARENT – RELATIONSHIP TRAINING Meetings Begin February 22<sup>nd</sup>

### ***Parenting can be Difficult—***

- Do you find yourself yelling at your child more often than laughing with your child?
- Do you feel you have lost touch with your child; you don't feel as close as you'd like?
- Do you feel frustrated and find yourself saying the same things over and over, with no results?

If you answered 'Yes' to any of these questions,  
**Child-Parent-Relationship (C-P-R) Training Can Help!**

Acquire skills that will make a difference in your life and the life of your child. In 10 weeks, you will learn how to:

- Regain control as a parent & help your child develop self-control
- Effectively discipline and limit inappropriate behavior
- Understand your child's emotional needs
- Communicate more effectively with your child

**Group Meets on Thursdays  
6:00-8:00 pm  
for 10-weeks**

**Full payment discount \$300  
if paid by Feb 22<sup>nd</sup>  
or \$40 per week for 10 wks  
Scholarships of \$250  
Available  
Scholarship Application on  
website**

**For parents of children  
from 3 to 10 years old**

**Location:  
LightHouse for New Hope  
2717 Motley Dr.  
Mesquite TX 75150**

**For registration, call  
972-226-3110**

**For more information about  
CPRT call  
469-450-8974**

**Deadline to Enroll  
February 22<sup>nd</sup>**

This training is Based on Child parent Relationship Therapy (CPRT) by Landreth, Kellam, & Blackard (2006)