

Services Offered

- ❖ Grief Support Groups provided at no cost to participants
- ❖ Grief Support Groups for adults who have experienced a death loss of a spouse, child, relative, or close friend.
- ❖ Grief Support Groups for teens and children ages 5-18 years old who have experienced a death loss of a parent, grandparent, sibling, relative or friend.
- ❖ Grief Support Groups for teens and children ages 5-18 years old and the adults attached to them that are experiencing a divorce, separation or abandonment.
- ❖ Individual counseling with a Licensed Professional Counselor (option available on a sliding scale fee)



Charitable Contributions

The LightHouse for New Hope could not exist without the financial support of this caring community. If you would like to make a financial gift or a memorial gift in memory of a loved one, please fill out the information below and:

Mail to:

The LightHouse for New Hope

P.O. Box 851030

Mesquite, TX 75185-1030

<input type="checkbox"/> IN MEMORY OF	<input type="checkbox"/> IN HONOR OF
SEND ACKNOWLEDGEMENT OF DONATION TO:	
Name _____	
Address _____	

GIVEN BY _____	
Address _____	

Email _____	

All gifts are tax deductible	



Adult & Children Grief Support Groups

www.lighthousefornewhope.org

972-226-3110

The
LightHouse

for
New
Hope



Helps
Heal
Broken
Hearts

The Light in Children and Families Storms

The LightHouse for New Hope
is a nonprofit, 501(c)3 organization
serving Dallas and
surrounding counties

Signs of Someone Grieving

- ❖ Sleeps too much or unable to sleep; nightmares
- ❖ Physical illness in which no medical cause can be found (Stomachache)
- ❖ Unable to concentrate, unable to perform simple tasks at work or school, making more mistakes than normal
- ❖ Change in behavior when interacting with peers & family. (Withdrawal, deep sadness, crying more than usual, anger, fighting, even an increase in activity hoping not to feel the pain of grief.)
- ❖ Loss of appetite
- ❖ Some may begin to use or increase use of alcohol or drugs
- ❖ Obsession with death or dying, sometimes having suicidal feelings

TO ENROLL IN A SUPPORT GROUP CALL

972-226-3110

**OR GO ONLINE TO WEBSITE AND
DOWNLOAD ENROLLMENT FORMS**

www.lighthousefornewhope.org

Our Vision

Our youth are hurting, our families are grieving, our Seniors are mourning. The most vulnerable in our community need a place to turn to. None of us can escape the pain of grief and loss.

Our Vision at The LightHouse for New Hope is to establish and sustain a facility that will be there for our community when loss occurs.

A “Safe Haven”

A place where memories can be remembered and wounds healed.

A place to play and feel and talk and listen to life’s experiences.

A place for children and adults to not feel so alone with their loss.

A place that brings “Light” into family’s dark and stormy days.



*“Blessed are those who mourn
for they shall be comforted.”*

Matthew 5:4

Support Group Meeting Times

Fall Spring & Summer Sessions

Adults with children death loss groups meet weekly for 14 weeks



Adults with children separation or divorce loss groups meet weekly for 14 weeks



Adults death loss groups meet weekly for 14 weeks



**Call for Information
on Starting Dates
972-226-3110**

**Located at:
2717 Motley Dr
Mesquite, Texas 75185**