



LightHouse
For New Hope

The Light in Children and Family's Storms
www.lighthousefornewhope.org

2717 Motley Dr., Mesquite TX 75150
Phone: 972-226-3110

Meetings Begin Sept 28th

Child-Parent-Relationship (CPR) Training

LightHouse for New Hope

Parenting can be Difficult—

- Do you find yourself yelling at your child more often than laughing with your child?
- Do you feel you have lost touch with your child; you don't feel as close as you'd like?
- Do you feel frustrated and find yourself saying the same things over and over, with no results?

If you answered 'Yes' to any of these questions,
Child-Parent-Relationship (C-P-R) Training Can Help!

Acquire skills that will make a difference in your life and the life of your child. In 10 weeks, you will learn how to:

- Regain control as a parent & help your child develop self-control
- Effectively discipline and limit inappropriate behavior
- Understand your child's emotional needs
- Communicate more effectively with your child

Group Meets on Thursdays
6:00-7:30pm
for 10-weeks

Full payment discount \$300 if
paid by Sept 14th
or \$40 per week for 10 wks
Scholarships of \$250 Available
Scholarship Application on
website

For parents of children
from 3 to 10 years old

Location:
LightHouse for New Hope
2717 Motley Dr.
Mesquite TX 75150

For registration, call
972-226-3110

For more information about
CPRT call
469-867-9800

Deadline to Enroll
Sept 28th

This training is Based on Child
parent Relationship Therapy (CPRT)
by Landreth, Kellam, & Blackard
(2006)